



*Purity & Potency*

# BORAGE OIL

SUPPLEMENT

**Cold Pressed Fresh™**

***Barlean's – World's Finest Source of Borage Oil***



- Nature's most abundant source of Gamma-Linolenic Acid (GLA)
- 100% Herbicide, Pesticide Free
- Cold Pressed Fresh
- Unrefined & Unfiltered
- Freshness Dated – maximum freshness & potency
- 220 mg of GLA per softgel
- 100% Satisfaction Guaranteed



# Purity & Potency **BORAGE OIL**

**Nurture and nourish** your body with Barlean's **pure and pristine Borage Oil** – nature's most abundant source of GLA (gamma-linolenic acid) for your **vibrant health and energy**.\*

**Borage seed oil is highly prized for its extremely high content of a special fatty acid called Gamma-Linolenic Acid (GLA). Ordinarily, GLA is created in the body from dietary essential fatty acids such as those found in flax oil. However, in some people, GLA is not adequately produced in the body. Borage oil offers a direct source of GLA for these individuals. Borage Oil is also revered by women who suffer from symptoms of PMS or menopause.\***

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Gamma-Linolenic Acid – found in most abundance in borage seed oil, may support the structure and function of:

- Nerve conduction\*
- Hormone metabolism\*
- Skin-cell proliferation\*
- Inflammatory response\*
- Blood vessel constriction and relaxation\*
- Lean muscle mass\*

## THE BARLEAN'S PROMISE

All of the products made by our family-owned and operated business are 100% guaranteed. We care about the health of your family and are proud to provide you with the world's freshest, finest quality and best-tasting Omega-3 supplements.

From Our Family to Yours *Bruce Barlean*

### Supplement Facts

Serving Size 1 Softgel (1g)  
Servings Per Container 60

#### Amount Per Serving

Calories 9      Calories from Fat 9

#### % Daily Value\*

**Total Fat** 1 g      2%

**Polyunsaturated Fat** 0.6 g      †

    Omega-6 360 mg      †

    Gamma-Linolenic 220 mg      †

**Monounsaturated Fat** 0.16 g      †

    Omega-9 160 mg      †

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

**100% GUARANTEED** We're so confident that Barlean's will bring you the results you expect, we offer a 100% guarantee on all our products.

**AVAILABLE SIZES:**  
**Softgels:** 30 and 60 ct.

**INGREDIENTS:**  
100% unrefined, unfiltered, herbicide and pesticide-free Borage Oil.

**SUGGESTED USE:**  
1-2 Softgels a day, with or without meals.

For more information  
please contact:

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