



Mango Peach

Omega Swirl

SUPPLEMENT

Smoothie Taste and Texture



Now with Vitamin D3!

- 400 IU Vitamin D3 Per Serving
- 720 mg EPA/DHA Per Serving
- Made with Barlean's Fresh Catch® Fish Oil
- Delicious, All-Natural Flavor
- Sugar-Free - Naturally Sweetened
- Purity Guaranteed - Ultra-Purified



Mango Peach Omega Swirl

Omega Swirl looks and tastes like a **fruit smoothie**, yet provides optimal levels of vital and essential **Omega-3 EPA/DHA** to bring you **vibrant health and energy**.*

Packed with essential Omega-3s, Omega Swirl is the perfect solution for the whole family!

- 720 mg EPA/DHA Omega-3s Per Serving
- 400 IU Vitamin D3 Per Serving
- All Natural Fruit Flavor
- Naturally Sweetened with **Spry** Xylitol
- Gluten Free
- PURITY GUARANTEED

Omega Swirl Is 9 Times More Bio-available Than Standard Oil

A recent clinical study conducted by The Centre for Nutritional Studies found Barlean's Omega Swirl to be 9 times more bio-available than standard fish oil. Because Barlean's proprietary Swirl technology significantly reduces the size of the fish oil molecules, it allows the oil to more efficiently pass through the intestinal wall and into the bloodstream. In fact, the total percentage of oil that reached the bloodstream was 9 times greater with Omega Swirl than with the same dose of standard fish oil.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

THE BARLEAN'S PROMISE

All of the products made by our family-owned and operated business are 100% guaranteed. We care about the health of your family and are proud to provide you with the world's freshest, finest quality and best-tasting Omega-3 supplements.

From Our Family to Yours *Bruce Barlean*

Supplement Facts	
Serving Size 2 tsp. (10 ml) Servings Per Container 43	
Amount Per Serving	
Calories 45	Calories from Fat 30
% Daily Value*	
Total Fat 3 g	5%
Saturated Fat 1 g	5%
Trans Fat 0 g	†
Polyunsaturated Fat 1 g	†
Monounsaturated Fat 1 g	†
Cholesterol 10 mg	3%
Sodium 0 mg	0%
Total Carbohydrate 4 g	1%
Sugars 0 g	†
Vitamin A 340 IU	7%
Vitamin E 4 IU	13%
Vitamin D₃ (as cholecalciferol) 400 IU	100%
Omega-3 Polyunsaturated Fat	
Eicosapentaenoic Acid (EPA) 360 mg	†
Docosahexaenoic Acid (DHA) 360 mg	†
Alpha-Linolenic Acid (LNA) 26 mg	†
Other Omega-3 Fatty Acids 280 mg	†
Omega-6 Polyunsaturated Fat	
Linoleic Acid (LA) 100 mg	†
Other Omega-6 Fatty Acids 100 mg	†
Omega-9 Monounsaturated Fat	
Oleic Acid 690 mg	†
Other Omega-9 Fatty Acids 140 mg	†

16 oz

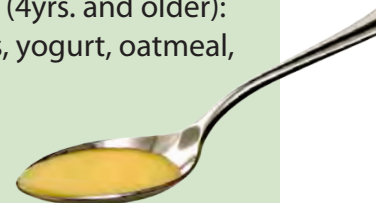
100% GUARANTEED: We're so confident that Barlean's will bring you the results you expect, we offer a 100% guarantee on all our products.

AVAILABLE SIZES:
Liquid: 8, 12, and 16 ounce

INGREDIENTS:
Purified Fish Oil (Salmon Oil and/or Cod Liver Oil), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, beta carotene and vegetable juice (for color), Vitamin E (as d-alpha tocopherol), ascorbyl palmitate to ensure freshness, and Vitamin D3.

SUGGESTED USE:
Adult dosage: 2-6 tsp. daily (1-3 servings). **Child's dosage:** (4yrs. and older): 1 tsp. daily. Can be taken straight or mixed into beverages, yogurt, oatmeal, ice cream or dressings. Refrigerate for quality.

SHAKE WELL.
Keep out of reach of children. Do not give to pets.



For more information please contact:

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