



*Fresh Catch<sup>®</sup>*

# SALMON OIL

**OMEGA-3 EPA / DHA**

*The World's Freshest Salmon Oil*



- Optimal Dosage of EPA and DHA
- Molecularly Distilled, Ultra-Purified
- Five-Layer Oxidation Protected
- Physician Recommended
- International Purity Guideline Compliant



**AMERICA'S BEST SELLING  
OMEGA-3**



# Fresh Catch® SALMON OIL

From the deep, pure waters of Norway,<sup>†</sup> Barlean's Fresh Catch® Norwegian Salmon Oil is a **pristine source of molecularly distilled** fish oil providing optimal levels of **EPA and DHA** to bring you **vibrant health and energy**.

Barlean's Fresh Catch® Norwegian Salmon Oil is for those who aspire to nutritionally support the optimal structure and function of:

- Heart Health\*
- Joint Mobility & Bone Density\*
- Healthy Cholesterol Levels\*
- Healthy Blood Glucose\*
- Eye Health – Visual Acuity\*
- Energy & Endurance\*
- Mental Health, Wellness and Acuity\*
- Skin, Hair & Nail Health\*
- Sexual & Hormonal Health\*

<sup>†</sup> Enhanced with a blend of other premium fish oils for optimal levels of EPA and DHA.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Five Layer Oxidation Protection System

guarantees the freshest and most nutritious fish oil:

- 1. Fresh Catch Processing Technology** ensures that oil is free from the damaging effects of heat, light and oxygen.
- 2. Black Opaque Bottles** eliminate light-induced oxidation.
- 3. Nitrogen Flush** eliminates oxygen-induced oxidation.
- 4. FreshLok™ Anti-Oxidant Protection** suppresses peroxide-induced oxidation.
- 5. Caramel Coated Black-Opaque Softgels** suppress light and oxygen-induced oxidation.

## THE BARLEAN'S FAMILY FISHING HERITAGE

For three generations, my family has created a legacy of providing the country with the freshest, best tasting and most nutritious fish available. My father, Dave Barlean, revolutionized commercial fishing when he adapted the ancient tradition of Indian reef net fishing to our family-owned fishery. This method allows us to capture a select variety of fish, while harmlessly freeing endangered species. The result is the Barlean's Reef Net brand of fresh fish.

We have now extended our fishing legacy to include Barlean's Fresh Catch® Fish Oils. Just like Barlean's fresh-from-the-net seafood, our care, dedication and commitment ensures unsurpassed freshness, purity, optimal nutrition and great taste for your vibrant health.

From Our Family to Yours *Bruce Barlean*

## Supplement Facts

Serving Size 2 Softgels (2050 mg)  
Servings Per Container 90

| Amount Per Serving                 | % Daily Value*       |
|------------------------------------|----------------------|
| <b>Calories</b> 20                 | Calories from Fat 20 |
| <b>Total Fat</b> 2 g               | 3%                   |
| Saturated Fat 0 mg                 | 0%                   |
| Polyunsaturated Fat 1g             | †                    |
| Monounsaturated Fat 0 g            | †                    |
| <b>Cholesterol</b> 10 mg           | 3%                   |
| <b>Omega-3 Polyunsaturated Fat</b> | †                    |
| Eicosapentaenoic Acid (EPA) 370 mg | †                    |
| Docosahexaenoic Acid (DHA) 245 mg  | †                    |

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

**100% GUARANTEED** We're so confident that Barlean's will bring you the results you expect, we offer a 100% guarantee on all our products.

**AVAILABLE SIZES: Softgels:** 180 count

### INGREDIENTS:

Molecularly distilled fish oil (Salmon oil, Sardine oil and Anchovy oil), softgel capsule (gelatin, glycerine, water, caramel color), FreshLok™ antioxidant containing rosemary extract, d-alpha tocopherol, sunflower lecithin, ascorbic acid, and citric acid to ensure freshness.

### SUGGESTED USE:

2-6 softgels daily with a meal.



Pharmaceutical  
GRADE



For more information please contact:

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