

Supplement Facts

Serving Size 3 Softgels (3.0g)

Servings Per Container 33

Amount Per Serving	% Daily Value*
Calories 24	Calories from Fat 22
Total Fat 2.4 g	4%
Saturated Fat 0.2 g	0%
Dietary Fiber 0.6 g	2%
Polyunsaturated Fat 1.7 g	†
Omega-3 1335 mg	†
Omega-6 388 mg	†
Monounsaturated Fats 0.4 g	†
Omega-9 437 mg	†
Flaxseed Particulate 570 mg	†
Lignans (SDG) 4 - 11 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.