Supplement Facts

Serving Size 3 Softgels (3.0g)
Servings Per Container 83

Amount Per Serving	
Calories 24	Calories from Fat 22
	% Daily Value*
Total Fat 2.4 g	**4%**
Saturated Fat 0.2 g	**0%**
Dietary Fiber 0.2 g	**2%**
Polyunsaturated Fat 1.7 g	†
Omega-3 1335 mg	†
Omega-6 388 mg	†
Monounsaturated Fat 0.4 g	†
Omega-9 437 mg	†
Flaxseed Particulate 570 mg	†
Lignans (SDG) 4 - 11 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.